

DONNA BURSTYN, M.A.
MFT 32445
Licensed California Psychotherapist

Experience

Licensed California Psychotherapist

1994 – Present

- Private practice in Beverly Hills, CA offering psychodynamic and solution-oriented psychotherapy to individuals, couples, families and groups.
- Specializing in psycho-social issues pertaining to:
 - Chronic pain and chronic conditions
 - Chemical and sexual dependency
 - Mood disorders
 - Multicultural relationships
- Media consultant to television talk and news programs. Appeared in several dozen television programs and a guest expert in the field of relationships, communications, and motivational tools.
- Freelance contributor to major national and international publications.
- Script consultant to motion picture and television documentaries.
- Public speaker with topics ranging from cross-cultural diversity to chronic illness.

Post Graduate Education

Chemical dependency

Addiction and the brain: New discoveries and their implications for treatment

Integrating Spirituality and Psychology

Psychological treatment of HIV / AIDS and life threatening illness

Eating Disorders / Another dual diagnosis

Meditation and countertransference

Chemical dependency: Conducting an intervention

Internships

- University of California at Los Angeles Rape Crisis Hotline
- California State University, Northridge – Telephone Hotline
- Southern California Counseling Center – Domestic Violence Clinic
- Southern California Counseling Center – Multiethnic Families
- Children's' Hospital of Los Angeles – Communicating with families regarding life threatening childhood illness
- California Association of Marriage and Family therapist child abuse seminar

Professional Affiliations

- Board of Behavioral Sciences
- California Association of Marriage and Family Therapists
- Blue Key National Honor Fraternity
- PSI CHI National Society in Psychology

Publication Contributions

Redbook
American Swimwear

Men and Sexual Dysfunction
Teenage Eating Disorders and Obsession